

 @AgeingFit #AgeingFit2020

Dorset's Malnutrition Programme

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Malnutrition Programme Manager

28th & 29th
JANUARY
2020




Dorset HealthCare
University
NHS Foundation Trust

NICE,
France

4th edition

 **AgeingFit**
Accelerating innovation for the senior care market

Dorset's Malnutrition Programme

Malnutrition in the UK - £19.6 Billion

- 1.3 million at risk of malnourishment
- 1 in 10 over the age of 65
- 93% live in the Community

Impact

- More ill health issues
- Twice as likely to visit GP
- More Hospital admissions
- Longer Hospital stays



Dorset's Malnutrition Programme



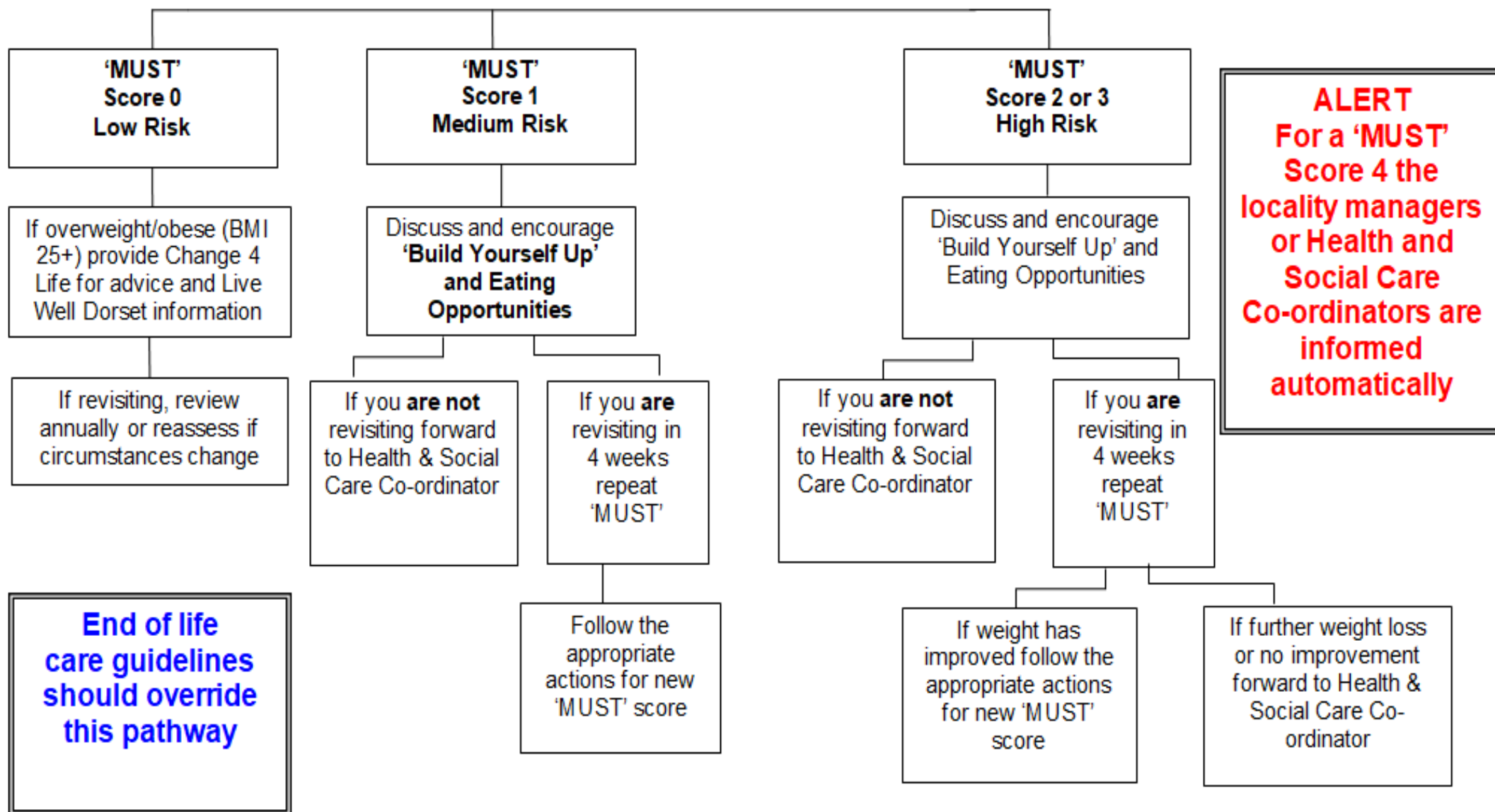
Dorset's Malnutrition Programme

The Programme

- Developed for patients living at home.
- Consists of all front line staff screening for malnutrition, inputting data into a joint electronic system , following agreed care pathways



If a service user is on a special diet for medical reasons that may be affected by following the pathway please seek advice from the GP or Dietitian



Service User: Tom Tester

NHS Number: 111111111

GP Practice* Banks and Bearwood Medical Practice ▾

Does the Service User wish to be weighed and can they be weighed?* Yes No

Scales Used* Home Scales ▾

Height* 1 . 68 metres

Weight* 48 . kgs

BMI 17.01

Score 2

Unplanned weight loss over 3-6 months* 5.5 . kgs

How was weight loss calculated?* Based on previous weight of 53.5 K 3 months ago

Unplanned Weight Loss Score 2

Total 'MUST'/ Nutritional Screening at Risk Score 4

Actions taken

Discussed, encouraged and given Build Yourself Up? Yes No Discussed in detail

Discussed, encouraged and given Eating Opportunities? Yes No Encouraged attending a Luncheon Club

Discussed with Family/Carers? Yes No Discussed with son

Anyone else informed eg other Providers/Carers/Caterers/other? Yes No Left note for carers

Are you planning to revisit to repeat MUST/Nutritional Screening? Yes No dd/mm/yyyy

Action required from Health & Social Care Coordinator? Yes No

Why is action required from Health & Social Care Coordinator? Total score is 1 or more, and no revisit planned ▾

Other actions

Nutritional Screening Completed by* sue.hawkins

Job Title* Tricuro Reablement ▾

Date screening completed* 21/01/2020 x ▾



Dorset's Malnutrition Programme

Programme Data – 2nd Jan 2020 – 21st Jan 2020

TOTAL 1077 Screenings

Nos	“MUST” score	Risk
Patients at Risk		
5	4	Very High Risk
14	3	High Risk
172	2	High Risk
<u>121</u>	1	Medium Risk
312 (29%)		

171 E mails automatically generated.



Dorset's Malnutrition Programme

Cost avoidances - Small locality Purbeck 20 month pilot

561 patients screened

154 found at risk (27%)

60 of which experienced a decrease in their "MUST" score

$\frac{\pounds 1447 \times 60}{20 \text{ months}} \times 12 \text{ months} = \pounds 52,092$ cost avoidances per annum

Expected cost avoidances for Dorset 2020 = £500,000



Dorset's Malnutrition Programme

Thank you for Listening !

Sue Hawkins sue.hawkins6@nhs.net

Relevant Links

- <https://www.dorsetcouncil.gov.uk/care-and-support-for-adults/information-for-professionals/nutritional-care-strategy-and-malnutrition-programme-resources.aspx>
- <https://wessexahsn.org.uk/projects/325/nutrition-in-older-people>
- <https://www.malnutritiontaskforce.org.uk/>

