

## Frailty

## Intrinsic capacity

Age-related medical syndrome → Life-course perspective

Focuses on deficits / loses → Focuses on functions / resources

Suggests “stigma” → Suggests “healthy ageing”

Comprehensive ++ → Comprehensive +++

Integration / multidisciplinary ++ → Integration / multidisciplinary +++

Patient-centric ++ → Patient-centric +++

Early detection & intervention ++ → Early detection & intervention +++++





**PCC:** Complex Chronic Patient  
Clinical management is difficult

**MACA:** Poor prognosis survival limited,  
additional needs, focus on palliative care,  
need to plan advanced decisions

